



# TRAINING CATALOGUE



# Training

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HSS Training is the specialist training division of HSS Hire. We offer **industry recognised courses** in a wide range of workplace safety, working at height, health & safety and industry specific scenarios. This catalogue outlines some of the options available but we can work with you to tailor the content of our courses to your precise requirements.

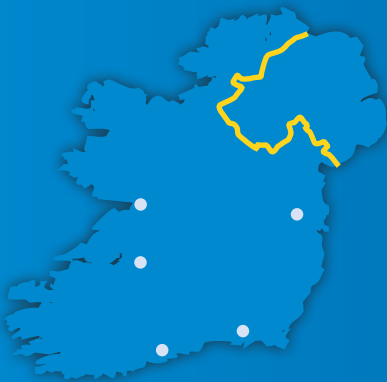
We have experienced trainers who understand that training your workforce is key to ensure that they're productive and – more importantly – kept **safe from harm**. Let us help make sure your workforce is better equipped to be safe on site.



IPAF Rental  
Plus accredited



IPAF Certified  
Training Centres



📍 Santry  
Waterford  
Cork  
Limerick  
Galway

☎ 1800 22 33 66

✉ [hsstrainingireland@hss.com](mailto:hsstrainingireland@hss.com)

# About HSS

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## Core Business

HSS Hire provide an extensive range of tools and equipment available through all our branches for either pick up or delivery. Below are some of our product categories:

Access	Accommodation	Surveying & Location
Powered Access	Concreting & Compaction	Cooling & Heating
Lift & Shift	Safety	Drying & Pumping
Building & Siteworks	Breaking & Drilling	Lighting
Plant	Sawing & Cutting	Power

Please speak to your Area Sales Manager or local branch if you are looking for a particular product.

We also have a **full range of accessories available** including transformers, extension leads, blades and safety equipment.

## OneCall

The HSS OneCall service will help you to source whatever kit you need, wherever you need it, and our dedicated Hire Controllers will manage the whole process for you.

- Specialist Equipment Sourcing
- Emergency Kit Replacement
- Dedicated HSS Support
- Use your HSS Account to order

**NATIONWIDE**  
**SERVICE**

# Course List

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**Manual Handling:** This training gives employees the skills to safely undertake any lifting, pulling, pushing or moving of heavy items, reducing their risk of injury.

**Fire Marshal Training:** This course provides delegates with the necessary knowledge and understanding required to competently undertake the role of fire warden / fire marshal in the event of an emergency in order to manage fire risk and aid safe evacuation.

**Working at Height:** Covers the essential points (current legislation, regulations and guidance) for those working at height.

**IPAF (Single) Mobile Vertical (3a, 3a+):** This industry leading course will provide delegates with the knowledge and practical skills to safely operate powered access equipment. This IPAF Operator course with practical training session and assessment covers one powered access product – Mobile Vertical (3a).

**IPAF (Single) Mobile Boom (3b, 3b+):** This IPAF Operator course with practical training session and assessment covers one powered access product – Mobile Boom (3b).

**Static Vertical (1a):** This course will train an operator to prepare and safely operate static vertical personnel platforms.

**Static Boom (1b, 1b+):** This IPAF Operator course with practical training session and assessment covers one powered access product – Static Boom (1b).

**Push Around Vertical (PAV):** This IPAF Operator course with practical training session and assessment covers Push Around Vertical (PAV) platforms. Push Around Verticals are essentially small, simple static vertical machines with no mechanical drive and are physically pushed around.

**Special:** These are any Type 2 machines (travelling with work platform elevated, controlled from the base) and specialist MEWPs. They require specific training during the MEWP Operator Training Course owing to their unique and often bespoke construction.

**Harness Use and Inspection:** Upon successful completion of this course delegates will be able to demonstrate competence in conducting periodic and interim inspections of harnesses and lanyards for use in a MEWP, and how to maintain associated records of inspections.

**Forklift Training:** To provide delegates with the knowledge and practical skills to safely operate an Industrial Forklift.



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# Branch Directory

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